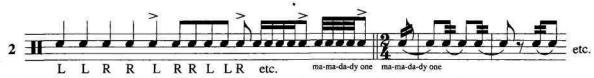
The Standard 26 American Drum Rudiments



The Long Roll. Start slowly, gradually get faster until the roll is sounded, then gradually slow down until the sound comes to a stop. TIP: When slowing the roll, let the sticks bounce a little higher.



The Five-Stroke Roll. TIP: Count each bounce using the words: "mama-daddy."



The Seven-Stroke Roll. TIP: Count each bounce using the words: "ma-ma-dad-dy-ma-ma-dad." Don't forget the accent.



The Flam Accent. TIP: Sing: "fl-am ac-cent" to count rhythm. Be sure to alternate sticks.



The Flam Paradiddle. TIP: When going at the faster speed, let the repeated sticking bounce: at first bounce slowly and high, then smaller bounces as you speed up.



The Flamacue. TIP: There is no official syllable for this, but the student may use: "It's a flamacue." Be careful to play the flams and accents.



The Triple Ratamacue. TIP: Three ruffs. Use sentence in second measure for rhythm.



The Flam Tap. TIP: The rudiment says its name: "flam-tap."