ACHS
SEPTEMBER 2026 BREAKFAST MENU
GRADES: 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1-Sep	**2-Sep**	**3-Sep**	**4-Sep**
	Whole Grain Breakfast Burrito or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Salsa 1% & FF Milk Variety	Whole Grain Chicken Biscuit w/ Gravy or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Hashbrown Potatoes 1% & FF Milk Variety Ketchup, Sliced Cheese	Whole Grain Breakfast Pizza or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety	Egg & Cheese Toaster Sandwich or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
7-Sep	**8-Sep**	**9-Sep**	**10-Sep**	**11-Sep**
SCHOOL CLOSED LABOR DAY	Whole Grain Breakfast Burrito or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Salsa 1% & FF Milk Variety	Whole Grain Sausage Biscuit w/ Gravy or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Hashbrown Potatoes 1% & FF Milk Variety Ketchup, Sliced Cheese	Whole Grain Breakfast Pizza or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety	Whole Grain Egg McMuffin or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety
MONDAY	**TUESDAY**		**THURSDAY**	**FRIDAY**
14-Sep	**15-Sep**	**16-Sep**	**17-Sep**	**18-Sep**
Whole Grain Pancakes W/Syrup or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety	Whole Grain Breakfast Burrito or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Salsa 1% & FF Milk Variety	Whole Grain Chicken Biscuit w/ Gravy or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Hashbrown Potatoes 1% & FF Milk Variety Ketchup, Sliced Cheese	Whole Grain Breakfast Pizza or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety	Egg & Cheese Toaster Sandwich or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
21-Sep	**22-Sep**	**23-Sep**	**24-Sep**	**25-Sep**
Whole Grain Glazed Donut or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety	Whole Grain Breakfast Burrito or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Salsa 1% & FF Milk Variety	Whole Grain Sausage Biscuit w/ Gravy or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Hashbrown Potatoes 1% & FF Milk Variety Ketchup, Sliced Cheese	Whole Grain Breakfast Pizza or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety	Whole Grain Egg McMuffin or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
28-Sep	**29-Sep**	**30-Sep**		
Whole Grain Pancakes W/Syrup or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Fruit Variety 1% & FF Milk Variety	Whole Grain Breakfast Burrito or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Salsa 1% & FF Milk Variety	Whole Grain Chicken Biscuit w/ Gravy or Whole Grain Cereal Variety or Whole Grain Pop-Tart Variety 100% Juice Assortment Hashbrown Potatoes 1% & FF Milk Variety Ketchup, Sliced Cheese		

All menus are subject to change due to availability of product or any other unforeseen circumstance

Second Chance Breakfast Options
Whole Grain Strawberry Bagel,
Whole Grain Cinnamon bagel
Whole Grain pop Tarts
Whole Grain Cracker & String Cheese
Whole Grain Donut

This explains what to do if you believe you have been treated unfairly. "in accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of Discrimination, write USDA Director, Office of Adjudication, 1400 independence avenue SW, Washington Dc 20250-9410 or call toll free 1-866-877-8339 or 1-800-845-6136 Spanish
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