Emma B Ward Elementary

SEPTEMBER 2026 Lunch Menu

Grades K-5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1-Sep	2-Sep	3-Sep	4-Sep
	Taco Meat or Fajita Chicken w/ Whole Grain Tortilla Chips OR Tortilla Shell Salsa Black Beans Fruit Variety Shredded Cheese, Golden Hatch Queso Cheese, Taco Sauce 1% and FF Milk Variety	The Bulldog OR Grilled Cheese Sandwhich Tater Tots Baked Beans Fruit Variety Ketchup, Mustard 1% and FF Milk Variety	Bosco Cheese Sticks OR Ham and Cheese Rollup Marinara Sauce Green Beans Fruit Variety Mustard, Mayo 1% and FF Milk Variety	Chicken Nuggets OR Fish Sticks W/G Rice Krispie Treat Mashed Potatoes Glazed Carrots Fruit Variety Ketchup, Ranch, BBQ Sauce, Tartar Sauce 1% and FF Milk Variety
Monday	Tuesday	Wednesday	Thursday	Friday
7-Sep	8-Sep	9-Sep	10-Sep	11-Sep
SCHOOL CLOSED LABOR DAY	Taco Meat or Fajita Chicken w/ Whole Grain Tortilla Chips OR Tortilla Shell Salsa Black Beans Fruit Variety Shredded Cheese, Golden Hatch Queso Cheese, Taco Sauce 1% and FF Milk Variety	Hamburger w/ Cheese on W/G Bun OR Chicken Patty on W/G Bun French Fries Cheesy Broccoli Pickle Slices Fruit Variety Ketchup, Mustard, Mayo 1% and FF Milk Variety	Spaghetti & Meatballs w/ Whole Grain Breadstick OR Whole Grain Corn Dog Fresh Veggies Green Beans Fruit Variety Ranch, Ketchup, Mustard 1% and FF Milk Variety	Popcorn Chicken OR Teriyaki Beef Bites Macaroni and Cheese Mashed Potatoes Glazed Carrots Fruit Variety Ketchup, Ranch, BBQ Sauce 1% and FF Milk Variety
Monday	Tuesday	Wednesday	Thursday	Friday
14-Sep	15-Sep	16-Sep	17-Sep	18-Sep
Big Daddy Pizza Cheese, Pepperoni, Sausage, or Buffalo Chicken or String Cheese & W/G Crackers Roasted Broccoli Buttered Corn Fruit Variety 1% and FF Milk Variety	Taco Meat or Fajita Chicken w/ Whole Grain Tortilla Chips OR Tortilla Shell Salsa Black Beans Fruit Variety Shredded Cheese, Golden Hatch Queso Cheese, Taco Sauce 1% and FF Milk Variety	The Bulldog OR Grilled Cheese Sandwhich Tater Tots Baked Beans Fruit Variety Ketchup, Mustard 1% and FF Milk Variety	Bosco Cheese Sticks OR Ham and Cheese Rollup Marinara Sauce Green Beans Fruit Variety Mustard, Mayo 1% and FF Milk Variety	Chicken Nuggets OR Fish Sticks W/G Rice Krispie Treat Mashed Potatoes Glazed Carrots Fruit Variety Ketchup, Ranch, BBQ Sauce, Tartar Sauce 1% and FF Milk Variety
Monday	Tuesday	Wednesday	Thursday	Friday
21-Sep	22-Sep	23-Sep	24-Sep	25-Sep
Big Daddy Pizza Cheese, Pepperoni, Sausage, or Buffalo Chicken or Ham & Cheese Sandwich Fresh Veggies Buttered Corn Fruit Variety 1% and FF Milk Variety Ranch	Taco Meat or Fajita Chicken w/ Whole Grain Tortilla Chips OR Tortilla Shell Salsa Black Beans Fruit Variety Shredded Cheese, Golden Hatch Queso Cheese, Taco Sauce 1% and FF Milk Variety	Hamburger w/ Cheese on W/G Bun OR Chicken Patty on W/G Bun French Fries Cheesy Broccoli Pickle Slices Fruit Variety Ketchup, Mustard, Mayo 1% and FF Milk Variety	Spaghetti & Meatballs w/ Whole Grain Breadstick OR Whole Grain Corn Dog Fresh Veggies Green Beans Fruit Variety Ranch, Ketchup, Mustard 1% and FF Milk Variety	Popcorn Chicken OR Teriyaki Beef Bites Macaroni and Cheese Mashed Potatoes Glazed Carrots Fruit Variety Ketchup, Ranch, BBQ Sauce 1% and FF Milk Variety
MONDAY	Tuesday	Wednesday	Thursday	Friday
28-Sep	29-Sep	30-Sep		
Big Daddy Pizza Cheese, Pepperoni, Sausage, or Buffalo Chicken or String Cheese & W/G Crackers Roasted Broccoli Buttered Corn Fruit Variety 1% and FF Milk Variety	Taco Meat or Fajita Chicken w/ Whole Grain Tortilla Chips OR Tortilla Shell Salsa Black Beans Fruit Variety Shredded Cheese, Golden Hatch Queso Cheese, Taco Sauce 1% and FF Milk Variety	The Bulldog OR Grilled Cheese Sandwhich Tater Tots Baked Beans Fruit Variety Ketchup, Mustard 1% and FF Milk Variety		

All menus are subject to change due to availability
of product or any other unforeseen circumstance

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